

WOODWORKERS NEWS



Northeastern
Woodworkers
Association

June 2015, Vol. 24, Number 6

The 2015 NWA Family Picnic

Sunday, July 19, 2015, 11:00 am

Jonesville Fire Station

No. 1 Main St. Jonesville (Clifton Park)

By Wally Carpenter

Our wonderful and friendly NWA Family Picnic will be held at 11 AM on July 19th this year at the Jonesville Fire Station #1, Main St. Jonesville (Clifton Park.) I personally look forward to this event each year. So lock this date into your calendar!

Admission is \$6.00 for adults and children under 12 are free covering all food and soft drinks. I'm hopeful we will see that sweet smile of Betty Andrews as our Gatekeeper. She will happily accept your entrance admission and will also provide you a ticket for a chance to win one of the many fine Door Prizes that will be on hand.

Please bring your favorite desserts to share with the party and don't forget to bring your favorite portable lawn chair so we can all hang out around the shade of the trees while enjoying the summer breezes. Also, make plans to sharpen your best handplane for the competitions, tune up your tape racer and hopefully find some time to enjoy a bit of lathe turning or watching some of our carvers in action.

With any luck, Bart Chabot will once again be sharing his skills and stories of Fly Fishing with all comers and maybe he'll even divulge where that best fishing spot is in the lawn. I personally enjoy just sitting with Bart while he shares his endless wonderful stories. This is actually true of most everyone in the NWA. Bart is a master story teller but we all have great stories to share.

Finally, please plan to bring a recent piece of work to share at our Instant Gallery. Your work is always inspiration for another member. Don't miss the opportunity to share your talents so someone else can grow their skills. I never would have



believed that I could have made a Maloof Style Rocker, or make a violin 10 years ago! It is due to members like each of you that have made this possible.

Bring your family, bring a lawn chair, and bring a story to share!

NWA Raffle

With the arrival of our new saws at the shop we are going to raffle Herm Finkbeiner's Delta 10" Unisaw, Tilting Arbor Saw w/attachments.

Included is: Unifence Saw Guide, zero clearance insert set, 2 sleds and a storage cabinet which fits under the right extension wing.

The drawing will be held on July 19, 2015 at the NWA Family Picnic.

Tickets are only \$10.00 each and can be purchased at the May Monthly Meeting and at any time until the Family Picnic.

Tickets are also available by contacting:

Wayne Distin - 674-4171

or Tom Moran - 355-6742

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UNLESS OTHERWISE NOTED, PHONE
NUMBERS ARE IN AREA CODE 518

Interment Ceremony for Unclaimed Veterans Saratoga National Cemetery

Friday, June 5, 2015, 12:30pm

By Peter Lofrumento

As many of you know, NWA has the privilege of participating, in a small way, in the Veteran Recovery Program sponsored by the Patriot Guard Riders of New York. The Community Service Group of our Mid-Hudson Chapter, the NWA Crafters and the Adirondack Woodturners have made Urns to hold the remains of unclaimed Veterans.

The Patriot Guard Riders have invited us to participate in this year's Interment Ceremony. The ceremony will inter seven WWII Veterans (one of which also served in Vietnam) and one Vietnam Veteran. The branches of the armed services represented are, one Navy Veteran, one Air Force Veteran and six Army Veterans.

The Patriot Guard would like to acknowledge NWA's contribution to the Veteran Recovery Program by presenting eight burial flags to members of the Mid-Hudson Chapter and NWA in the Capital District area. An additional flag will be presented to the Saratoga National Cemetery Director.

Please plan on attending this event to honor our deceased military. Respond back to nwamembers1@gmail.com if you are a Veteran and would like to participate in the ceremony by receiving one of the flags. Also, please remember to wear your NWA Member Badge to show NWA's support for our men and women who serve our country. If you plan on attending the ceremony and need a badge, email me at newmembers1@gmail.com.

Please arrive at the cemetery no later than 12:30pm. The cemetery is located on 200 Duell Road, Schuylerville, NY 12871 (Phone 518-581-9128).

Visit their website for more information at www.cem.va.gov/CEMs/nchp/geraldbhsolomonsaratoga.asp

Thank you for being loyal NWA members.

**Enjoy your summer and we will
see you for the next issue of
Woodworking News in September!**

KWA Chapter News

By Wally Cook

Christmas in May:

The Kaatskill Woodturners held two sessions in May to encourage production of hanging ornaments. Matt Clarke instructed the group on his approach for making icicle ornaments, composed of hollow globe and slender finial. Although the AAW guides call for a weight factor of 2.5 oz. or less, Matt suggested that we achieve less than 2 oz. per ornament.

Matt's tips:

- Start with a lighter density wood for the globe, approximately 2.25" square
- Drill a 3/8" hole through the blank and enlarge the entry hole slightly for hollowing
- Keep the exit hole at 3/8" this will be the insertion point for the bottom finial
- A modified spherical globe is more interesting than a perfect sphere
- Make insertion holes and tenons to a standard, so that globes and finials can be completed in groups
- Dish out the inside flanges of the finials, such that they fit the curved ends of the globe

The next session was a practical workshop, allowing sufficient time to practice ornament construction. In this class, the approaches of Ron Brown and Dick Sing were compared and contrasted.

Upcoming Events: The June 13 meeting will host Joe Larese. Joe will demonstrate how to turn Raffan-style boxes. The entire schedule is posted at www.carlford.info/kwa.



Matt Clarke makes finials as a practice exercise and saves them for later use



Matt drills a through hole in the ornament globe



Frank Bondarenko roughs out a cylinder for an ornament



Fred DuBois working on a globe ornament

WOODWORKERS NEWS

is published by the Northeastern Woodworkers Association for its members. The Association's aim is to provide a common meeting ground for lovers of woodworking who want to know more about wood and the techniques for forming it. The newsletter is published monthly. The newsletter is available online at www.woodworker.org



Your next issue of
Woodworkers News

will be published
in early September.

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**NORTHEASTERN
WOODWORKERS ASSOCIATION**

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CHAPTER NEWS

Mid Hudson Chapter News

By Wally Cook

Homeopathic: Dr. Eli Morales of Blue Stone Natural Health spoke to the group about nutrition and health. As a naturopath, his premise is that nutrition

is more than what is put on your plate, but also involves keeping balance in your

life. As such proper nutrition includes mental and emotional nourishment achieved through work, play, relationships, and spirituality. For example, one key to good health is to do one enjoyable activity every day.

Balance is the harmony among your immune system, blood sugar, and nervous system. A main focus is 'gut health'. Hippocrates reportedly once said that all disease begins in the gut. The gut flora contain more than a thousand species of bacteria. These bacteria 'follow the food'; different foods enable particular bacteria. A healthy digestive environment favorably affects weight loss and reduction of allergies and inflammation. Probiotic and prebiotics can also play a valuable role in maintaining gut health. Probiotics are beneficial bacteria which repopulate the good bacteria in your gut, while prebiotics refer to vegetable matter that acts as a fiber which passes through the gut undigested. Both have health benefits. Dr. Morales explained that fermented vegetables provide an amazing stimulus to digestion. The lacto-fermentation process in vegetables elicits secretion of digestive juices. Items like sauerkraut or kimchi or even a touch of old fashioned bitters to the tip of your tongue prior to a meal will increase the production of helpful digestive enzymes.

Chapter Dinner: Jim Lee was celebrated at the 14th Mid-Hudson Chapter Dinner. Jim is the chapter vice-president and woodworker known for his well-crafted furniture, bangles, and scrollwork. Jimmy's interests and attributes were examined in



Dr. Eli Morales talks about health strategies



Al Shinker lauds Jim Lee as Mid-Hudson Member of the Year

great detail during a number of testimonials -- all in good fun. Jim in turn expressed his love of the club and involvement in the Wednesday Group. The raffle table was full, thanks to the efforts of Bob Boisvert and NWA members



Jim takes the podium

who contributed handmade items. Thanks to Patsy Boisvert for providing the invocation, John VanBuren for acting as the emcee, and all those who participated in the evening's enjoyment!

Upcoming: The June 18 meeting will feature representatives from Worth Industries to describe their hardware and finishes.



Members mingle during festivities at Twin Lakes

NWA Musical Instrument Special Interest Group

By Ken Evans

Some time back I formed a Musical Instrument Special Interest Group within NWA.

My intent was to have a group interested in wooden Musical Instruments to be able to meet and discuss various aspects of these instruments.

My thought was to meet say, once every two months, in the evening on some agreed upon day and maybe have an interesting speaker, drink some coffee, and eat some cookies. We would all get to know one another.

Who knows, maybe we could even play some of our instruments.

My intent was not to build musical instruments within our SIG. Building is better done within the NWA Education Programs. However, we could discuss building issues and anything else related to music and instruments.

So far the only thing that exists within the SIG are banjo Lessons on two Fridays per month.

If the concept interests you in any way, please send me an email and I will begin to make a list. Sometime soon I will send everyone who responds an email, schedule a meeting and we can see what happens.

Ok, you knew the picture was going to be a BANJO!



Badge Raffle Winner

By Peter K. Lofrumento

Congratulations to Barbara Nottke!

Barbara Nottke is our last Badge Raffle Winner. She has been a member since 2004 and is the SIG Leader for the Scrollsaw Guild. She attended our May Meeting to support her fellow Scrollsaw Guild members, Charlie Rougle and Sylvia Rieth who gave an interesting presentation on Intarsia.

The Scrollsaw Guild meets on the first and third Wednesdays of the month, starting around 6:30pm. They

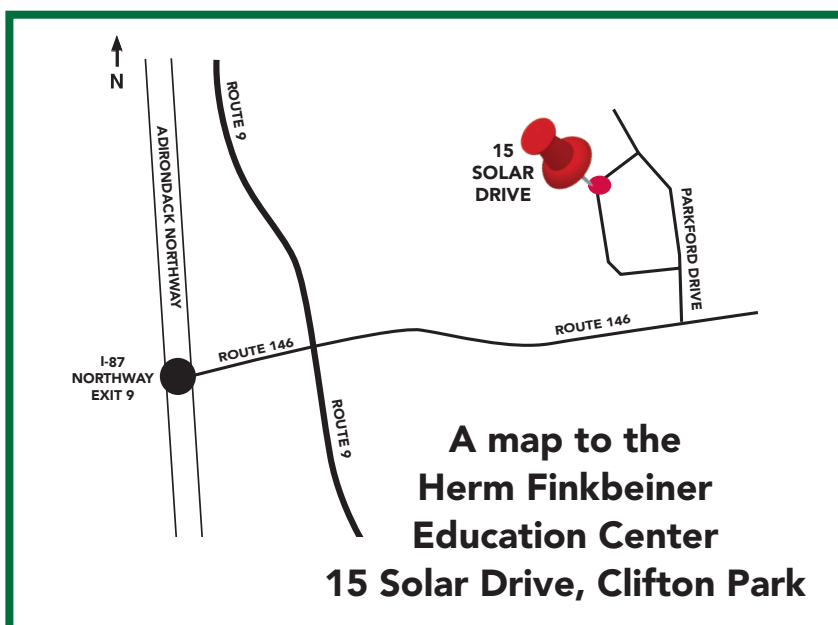
are a great bunch of people who enjoy socializing while they cut out wooden puzzles, pull toys, fretwork designs, intarsia plaques, Christmas decorations and much, much more. They also do group projects for the Double H Camp in the Adirondacks, cutting out wooden fish for the "Catch and Release Fishing Program" and wooden plaques of the Kid's Lodge's masots.

Barbara decided to extend her family membership for an additional year

Let us know if you want the new style Member Badge. Send an email to nwamembers1@gmail.com with "Need Badge" in the title and we will make you a new badge and mail it out before the next meeting.

Thank you for participating in the Badge Raffle this year!

Remember, always wear your Badge... so everyone knows your name!

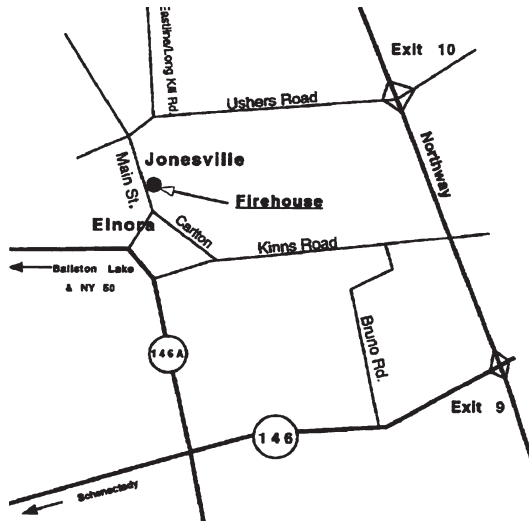


NWA Family Picnic

Sunday, July 19, 2015, 11:00 am

Jonesville Fire Station No. 1

Main St. Jonesville (Clifton Park)



For meeting cancellation information,
call Ken Evans 753-7759
or Charlie Goddard 370-0388

SPECIAL INTEREST GROUPS (SIGs)

Adirondack Woodturners Association (AWA) - The AWA is active throughout the year. Meetings are held the first Wednesday of the month (except in January and July when it is the second Wednesday), and are held at the NWA Learning Center located at 15 Solar Drive, Clifton Park, NY from 6:30 PM to 9:00PM.

Wednesday "Learn and Turn" sessions occur on all other Wednesdays at the NWA Learning Center. These sessions run 6pm-9pm. www.adirondackwoodturners.com **Contact:** Ken Evans, 518-753-7759 or kevans1@nycap.rr.com

Scroller's Guild - Meets on the first and third Wednesday of the month (Starting Nov. 19) at the NWA Learning Center located at 15 Solar Drive, Clifton Park, NY. A beginner's session starts at 6:30 PM followed by a general meeting at 7:00 PM. **Contact:** Jeanne Aldous at AMJAMtat2@aol.com or Barbara Nottke at scroller87@aol.com or 869-6268.

Kaatskill Woodturners - Meets the second Wednesday of each month at 7 p.m. at the Opdahl property in Hurley, NY. **Contact:** Wally Cook at wally.cook@gmail.com.

NWA Crafters - Meets every Saturday and Tuesday, from 9:00 am until noon at the NWA Learning Center located at 15 Solar Drive, Clifton Park, NY. The Crafters provide public service woodworking for various charitable organizations, including the Double H Hole in the Woods crafters for children and the GE Elfuns toy modifications group, and the Make A Wish Foundation. Sharing information, fellowship, and relating experiences are a major part of these sessions. **Contact:** Dave Axton (518) 237-6942, daxton@nycap.rr.com, Wayne Distin (518) 674-4171, wdistin@nycap.rr.com Steve Schoenberg (518-371-1260), sschoen1@nycap.rr.com for more information.

The NWA Wood Carvers SIG - Meet each Thursday at 5:30 p.m. until 9 p.m. all year except the 2nd Thursday of each month at the NWA Learning Center located at 15 Solar Drive, Clifton Park, NY. Programs are determined at the previous weekly sessions. Discussions start at 7PM. The goal is to promote the art of Wood Carving. Individual private sessions are available Wednesday evenings by appointment. Wood, tools, and patterns are available.

Contact: Ray Gannon. LoRayG@Gmail.com

Hand Tool SIG - Meets on the 2nd and 4th Wednesday of each month at 8pm in the Herm Finkbeiner Education Center at 15 Solar Dr, Clifton Park, NY. **Contact:** Dave Parkis for further details: dparkis@nycap.rr.com

CHAPTERS

NWA Mid-Hudson - The chapter meets at 7:30 p.m. on the third Thursday, except July and August, at the Hurley Reformed Church. The Church is just off the the Hurley exit from Rte. 209. Right at the exit, right at the stop sign and left into the Church parking area. John VanBuren, President (845) 444-8281

Contact: Pete Chast, pchastnow@gmail.com.

NWA Sacandaga - The chapter meets at 7 p.m. on the Second Wednesday of each month at 55 Second Avenue, Mayfield, NY.

Contact: Jim Hopkins, President - 725-7332